

FACT SHEET No. 4

Smart Choices in the school environment

Guiding principles for applying Smart Choices across the school environment

When applying Smart Choices to the whole-of-school environment schools should be guided by the following principles:

- profit should not come before student health and wellbeing
- focus of the strategy is on foods and drinks supplied to students rather than the wider community
- take all opportunities to eliminate the promotion and supply of RED foods and drinks
- take all opportunities to promote and model consistent messages about healthy eating practices.

Situations where only GREEN and AMBER foods and drinks can be supplied by schools	Situations where if RED foods and drinks are supplied by schools it would count as one of the two 'occasions' per term	Situations where GREEN and AMBER foods and drinks should be encouraged however if RED foods and drinks are supplied it would not count as one of the two 'occasions' per term
Vending machines accessible to students	School excursions	School camps, however the majority of foods and drinks should be from the GREEN or AMBER categories.
Rewards for students	Fundraising events focused on students (eg. chocolate drives, school fetes)	Fundraising events focused on the wider community
Breakfast clubs	School events focused on students including fetes, dances and musicals	Special occasions such as formals and graduations
	School sporting events and clubs	Curriculum activities within context (eg. LOTE, Home Economics, Hospitality)
	School tuckshop or canteen	Regional, state and national sporting events, however the majority of foods and drinks should be from the GREEN or AMBER categories.

Further information on how to apply Smart Choices to the whole school environment can be found at Education Queensland's website www.education.qld.gov.au/schools/healthy

This Fact Sheet has been produced by Curriculum Branch, Education Queensland.

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